

## Physical Education Intent Statement



Our varied PE & Games curriculum allows children to understand how to perform skills, allowing them to build a bank of key terminology. They are encouraged to perform these skills, allowing them the chance to develop social and personal skills to help solve problems. Children are taught through progressive lessons that build upon the skills and knowledge, as well as progressing across each year group. Children will manage and control their bodies during dance & gymnastics sessions as well as increasing their skill and confidence. Through planned activities in lessons, children will become independent and resourceful learners across games, dance, athletics, swimming, outdoor and adventurous activities and gymnastics. Lessons support other subject areas through cross curricular links, developing durable learning such as in science, humanities and PSHE. We use assessment opportunities to identify progress and help to adapt the lessons to meet individual pupils' needs.

We run extra-curricular clubs in the mornings, lunchtimes and after school with spaces helping a large number of children attend clubs that vary from dance and athletics to benchball and badminton. We also have house competitions at lunchtime in a range of sports to increase opportunities and develop leadership opportunities. After school we compete and attend many events run by the School Games Organisers such as Cross Country, Badminton, Indoor Athletics, Basketball and Football.

Townhill Junior School's achievements in sport are recognised locally in the Southampton City Sports Awards and by the Southampton School Games Organisers for our continued participation and excellence in events. We are consistently competing in a wide variety of sporting competitions including badminton, basketball, cross country, football and hockey achieving great success in many areas, helped by our focus on high participation rates as well as pushing our more able children. Townhill Junior School has received the Gold School Games Mark every year since 2016.

Every child receives two hours of PE per week where children gain life skills such as communication, team work and problem solving whilst being taught by a PE Specialist. Children also gain confidence in physical skills from team games and athletics which are learnt alongside aesthetic skills from gymnastics and dance. Our main aims are to ensure every child develops their physical confidence, knowledge of physical skills, awareness of their body and enhance valuable life skills.

We have strong links with the Southampton School Games and its organisers as well as organising the football for boys and girls in primary schools across the whole city. We also have good links with local clubs such as Southampton Athletics, Botley Village Football Club, Eastleigh Rugby Club, Quays Swimming and Diving, Team Spirit Dancing, Southern Karate and Solent Kestrels Basketball Club.

