

# Townhill Junior School

## Weekly Update: 8<sup>th</sup> May



### Southampton Beekeepers Association Visit Y3



Year 3 were pleased to welcome Felicity from the Southampton Beekeepers Association to TJS on Wednesday, to help them with their Science work on bee conservation. The children learnt all about the work and importance of bees and also got to taste of different types of honey. They then made their own bee hotels to attract bees to the school grounds to help with pollination.

### SATs Week

Next week, Year 6 have their SATs Tests. They have worked so hard all year and these tests are the culmination of all their efforts. We wish them well and we know the children in other year groups will support them by being quiet and considerate so their tests are not disturbed. The Y6 children can come in from 8:15am for refreshments and a drink before they take their tests.

Monday May 12th	English grammar, punctuation and spelling papers 1 and 2
Tuesday May 13th	Reading
Wednesday May 14th	Mathematics paper 1 (arithmetic) and paper 2 (reasoning)
Thursday May 15th	Mathematics paper 3 (reasoning)

### Careers Fair



During the afternoon of Friday 22<sup>nd</sup> May, we have our Year 6 Careers Fair where the children learn about different jobs and how you go about getting into that industry. Based on their chosen interests, we would still like to hear from a chef, a mechanic, an electrician and people in the sports coaching and hotel industry. If you are available and would be able to talk to the children about your job, please make Mr H or the Year 6 staff aware.

### Summer Checklist

With the warmer weather please ensure your child has a water bottle, with a sports cap in school. Please also consider if your child will need sun cream for the day and apply before school. For PE lessons, please ensure your child has shorts and their school PE top in their lockers. A sun hat is also useful, particularly if they are doing outdoor clubs after school.



## Star of the Week

Class	Name
3F	Danny
3G	Trent
4OR	Harley
4T	Louis
5T	Arthur
5C	Iliana
6I	Kara
6W	Aleasia
PE	Alexis (5C)
GAMES	Alexandra (6I)

## Times Tables Rocks Leaderboard

Rank	First Name	Class	Correct Answers
1	Lily	6OH	24053
2	Alyssia	6I	22906
3	Tawfiq	6I	20217
4	Sukhleen	6OH	7107
5	Joshua	6I	5786
6	Desandu	6I	5740
7	Kaci-Jai	5C	5172
8	Emily	6OH	2976
9	Arey	6OH	2573
10	Divino	5T	2529

## Boom Reader Leaderboard

Class	Most Reads
3F	Jack
3G	Emilia
4OR	Oscar
4T	Oscar
5C	Connor P
5T	Leo
6I	X
6OH	Hector
<b>Class</b>	<b>4OR</b>



**Y4 Ultimate Duel**

4T 529 4OR 381

**Weekly Battle: Championship**

5T 149 3G 7 3F 4

**Weekly Battle: Premier League**

6I 2,040 6OH 1,483 4T 529 5C 466 4OR 381



Learning is the key to success

## Current Learning



	WB	Subject	What the children will be learning	Ideas to support with the learning at home
Y3	11/05	English	Non-chronological report	Write a short paragraph about your favourite animal.
		Maths	Perimeter	Go on <a href="https://www.maths.co.uk">maths.co.uk</a> and complete the Length and perimeter test.
		Science	Plants	Watch this video <a href="#">The Color-Changing Celery Experiment!</a> Can you set up your own experiment?
Y4	11/05	English	Letter (recount)	Write a letter to a friend or family member. Tell them about something fun you have done recently. You could ask them to write one back!
		Maths		
		Science	Conductor or insulator	Have a play at this game: <a href="https://www.sciencekids.co.nz/gamesactivities/circuitsconductors.html">https://www.sciencekids.co.nz/gamesactivities/circuitsconductors.html</a> Which materials made the bulb light up? Why do you think this is?
Y5	11/05	English	Letter writing	Write a letter to Mr Humphries explaining why year 5 should have more days in the MUGA
		Maths	Position and movement	Put different items in a mirror, what happens to the object?
		Science	Dissolving	At home create a solution, explain the difference between soluble and insoluble to someone at home
Y6	11/05	English	SATs Revision	Revision on grammar strategies for the VGPS test
		Maths	SATs Revision	Revision on <a href="https://www.maths.co.uk">www.maths.co.uk</a>

## Home Learning

A reminder that all of our home learning is online through two main platforms and the expectation is that every child should be logging their reading, and completing challenges on TT Rocks every week. The children should also be learning their spelling lists.

Maths: Times Tables Rockstars  
Reading: Boom Read



## School Attendance News



### Attendance Statistics

Whole School Attendance this week	94.4%	Whole School Attendance this year to date	94.3%
Number of children with over 97% attendance this week	178	Number of children with over 97% attendance this year	109



### Class Attendance for this week:

Weekly Attendance	3F	3G	4OR	4T	5C	5T	6I	6W
Attendance Percentage	99.2%	96.8%	95.6%	96.2%	91.1%	95.9%	98%	94.9%
Progress	-0.2%	+0.5%	+1.9%	+0.2%	-5.7%	+2.2%	+6.9%	+0.7%

## Getting Your Child to School Really Matters



### Did You Know... ?

In a School Year, if Your Child is Late Every Day By...	Your Child Would Have Lost Approximately...	or They Would Have Missed Approximately...
5 Minutes	3.5 Days from School	20 Lessons
10 Minutes	7 Days from School	41 Lessons
15 Minutes	10 Days from School	55 Lessons
20 Minutes	14.5 Days from School	82 Lessons
30 Minutes	22 Days from School	123 Lessons

**Please Encourage Punctuality to Maintain Attendance**

# 10 Top Tips for Parents and Educators

## HELPING NEURODIVERGENT CHILDREN NAVIGATE THE ONLINE WORLD

Neurodivergent people tend to be early adopters of technology, and many influential innovators in this space are neurodivergent themselves. It's therefore likely that a neurodivergent child or young person may be drawn to the online world from an early age. This isn't a concern in itself, but understanding both the benefits and potential risks is essential. Here are ten key considerations to support safe and positive online experiences for neurodivergent children.

### 1 TREAT ONLINE LIKE THE REAL WORLD

You wouldn't allow a child to cross a road without guidance – you'd hold their hand, use a pedestrian crossing, and model safe behaviour. In the same way, a neurodivergent child's first experiences online should be supported by an adult who can guide and explain safe and responsible digital behaviour to them from the outset.

### 2 MODEL RESPONSIBLE USE

Children learn from what they see. Show all children, regardless of neurotype, what responsible internet use looks like. Reflect on your own use of social media and AI. Consider how often you use them and your own understanding of these platforms. Talk openly about when and why you use these tools, helping all children develop a balanced and informed approach.

### 3 KNOW YOUR LIMITS

Current government guidance suggests no solo screen use below the age of two, with a maximum of one hour per day for two- to five-year-olds. Screen time can support communication and connection when shared with an adult. However, passive watching can affect neurodivergent children's attention and language skills. Focus on the type of content they watch, encouraging slower-paced and meaningful material rather than fast-paced, overstimulating content.

### 4 CONSIDER AGES AND STAGES

For older children and teenagers, agreed limits are important. Screen time can be beneficial, but it should form part of a balanced lifestyle. Neurodivergent children may find online communication easier than real-world conversation, supporting their social interaction. However, it shouldn't be their only option. Encourage a range of activities, including creative play, physical exercise, and opportunities for real-world connections.

### 5 KEEP CONVERSATIONS OPEN

Discussions about online safety should begin early and continue as children grow. However, neurodivergent children may worry about getting things wrong or being misunderstood, meaning these kinds of conversations should feel open and fair, rather than like a lecture. If a child encounters a problem – such as a scam or inappropriate content – they need to feel able to speak to a trusted adult without fear of judgement or embarrassment.

### 6 BUILD YOUR KNOWLEDGE

You aren't expected to be an expert, but it's important to stay informed about the platforms, games, or apps neurodivergent children use in order to provide practical support. Social media platforms have age limits, and many apps and games offer parental settings that can control access. Schools and families should work together to understand these tools, helping neurodivergent children use them safely while keeping up to date with new features and changes.

### 7 SET CLEAR BOUNDARIES

Children and young people often know more about current technology than adults, meaning it's important to recognise that controls may be bypassed. Clear, predictable boundaries should be used, based on trust and consistency. Involving children in discussions that affect them helps them feel heard. This is particularly important for neurodivergent children, who may respond strongly to perceived unfairness.

### 8 UNDERSTAND AI CONTENT

The internet now includes large amounts of AI-generated content, including images, videos, and stories. These can be difficult to identify. Children should be encouraged to question what they see and check the information using trusted sources. Neurodivergent children may interpret content literally, meaning adult guidance is important in helping them recognise what's real and reliable – and what isn't.

### 9 EXPLAIN AI LIMITATIONS

AI isn't the same as a search engine. It generates responses based on prompts and patterns, and its accuracy depends on how it's used. Sometimes, it produces incorrect or unrealistic information, known as 'hallucinations'. Both adults and children need to understand this and learn how to check information carefully using reliable and trusted sources.

### 10 CLARIFY AI RELATIONSHIPS

AI can feel conversational and personal, but it's not capable of real relationships. It learns from patterns in user input rather than human understanding. Some neurodivergent children may experience a sense of connection with AI chatbots, particularly if they find social situations challenging. It's therefore important to explain that these are simulated conversations and aren't a substitute for real, human relationships.

### Meet Our Expert

Catrina Lowri is a neurodivergent former SENCO and Advisory Teacher who works with nurseries, schools, colleges, and businesses to improve inclusion for neurodivergent people. She is the Founder and Director of Neuroteachers and the author of "The Other 29 – How Supporting Your Neurodivergent Learner Can Improve Teaching and Learning for the Whole Class".



See full reference list on our website



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# JAMES BEATTIE SUMMER HOLIDAY FOOTBALL CAMPS

COACHING THE STARS OF TOMORROW

## 2 DAY CAMP

Thurs 23<sup>rd</sup> - Fri 24<sup>th</sup> July  
9:00am - 3:00pm

**£45.00 Full Camp**  
or  
**£25.00 Per Day**

Stoneham Lane Football Complex  
Stoneham Ln, Southampton,  
Eastleigh SO16 2PA

## 3 DAY CAMP

Mon 3<sup>rd</sup> - Wed 5<sup>th</sup> August  
9:00am - 3:00pm

**£67.50 Full Camp**  
or  
**£25.00 Per Day**

Phoenix Leisure Eastleigh  
Passfield Ave, Eastleigh  
SO50 9NL

## 4 DAY CAMP

Mon 17<sup>th</sup> - Thurs 20<sup>th</sup> August  
9:00am - 3:00pm

**£90.00 Full Camp**  
or  
**£25.00 Per Day**

Winchester City Football Club  
Charters community Stadium,  
Hillier Way, Winchester SO23 7SU

**LEARN NEW SKILLS,  
FACE FUN CHALLENGES,  
COMPETE IN GAMES  
AND ENJOY EVERY  
MOMENT ON THE PITCH**



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# SHOLING VALLEYS

## SPRING FAYRE

SATURDAY 16TH MAY

11.00am - 3.00pm

Craft Stalls

Games

Children's Activities

Refreshments.....and more

Location

Sholing Valleys Study Centre, Station Road  
Southampton SO19 8FP



★ MAY HALF TERM ★  
**DANCE WORKSHOPS**

**KPOP  
DEMON  
HUNTERS**

*Dance  
Workshop*



**KATSEYE**  
**DANCE WORKSHOP**



★ **THURSDAY**  
**28th MAY**  
Highfield primary school

★ **FRIDAY**  
**29th MAY**  
Bevois town school

🕒 **10-2pm**  
To book follow the link

📅 **TUESDAY**  
**26th MAY**  
Wordsworth primary school

🕒 **10-2pm**

👥 **All ages and  
ability welcome**



<https://team-spirit-all-stars-dance-academy.pembee.app>



# Next Week at Re:Minds 11<sup>th</sup> - 15<sup>th</sup> May

Please email [info@reminds.org.uk](mailto:info@reminds.org.uk) to book in for advice clinics. No need to book for a support group, just check the events section of our Facebook group

With thanks to:



No booking needed. No cost. Just drop in.

## Sholing Support Group

For parents and carers of children who are neurodivergent and/or have mental health needs  
Children welcome

10-12  
Friday 15<sup>th</sup> May

A safe, welcoming space to connect with other parents and carers who share similar experiences. Meet others who understand, and get advice and support from our trained staff with lived experience. You can also find out more about the wider support and projects we run across the city.

The Community Hub, Valentine Primary School, Valentine Ave, Sholing, Southampton SO16 6EP  
Access via the entrance to the car park next to the hall of the main entrance, near Valley Road

## CAMHS Advice Clinic

10am Thursday 14<sup>th</sup> May

**About the Clinic**

Book a private, 10-minute virtual appointment to speak with a clinician about any issues covered by CAMHS.

This clinic is led by the **Southampton Specialist CAMHS service** and is open to **all Re:Minds members** seeking general advice.

To book your advice slot, please email: [info@reminds.org.uk](mailto:info@reminds.org.uk)

## CAMHS Advice Clinic

10am Monday 11<sup>th</sup> May

**About the Clinic**

Book a private, 10-minute virtual appointment to speak with a clinician about support for your child's mental health, behaviour, attention, and day to day challenges. For parents and carers who are concerned about their child's mental health, including where ADHD may be contributing to their needs.

Appointments will be with **Laura Nisbet, Lead ADHD Nurse from CAMHS**

To book your advice slot, please email: [info@reminds.org.uk](mailto:info@reminds.org.uk)

## SEND Legal Advice Clinic

From 12.30pm  
Tuesday 12<sup>th</sup> May

**About the Clinic**

We are linking with **Shentons Solicitors** to offer **free SEND legal advice clinics** for Re:Minds families. These sessions provide clear guidance and support on issues such as:

- EHC needs assessments and how to request one
- Problems at school related to SEN (with or without an EHCP)
- Appeals, including refusals to assess, refusals to issue a plan, and issues with plan contents or placement
- Preparing for Tribunal and gathering evidence of need
- Issues with provision in an EHCP, including non-delivery or placement breakdown
- Annual reviews, statutory timescales, and LA compliance
- Health and social care needs linked to EHCPs
- Disability discrimination in education
- Rights of young people aged 16+ (with capacity) regarding their EHCP

To book your 30 minute advice slot, please email: [info@reminds.org.uk](mailto:info@reminds.org.uk)

## CAMHS Advice Clinic

10.30am Tuesday 12<sup>th</sup> May

**About the Clinic**

Book a private 10 minute, virtual appointment to speak with a clinician about support for your child's **mental health, behaviour, attention, and day to day challenges**. For parents and carers who are concerned about their child's mental health, including where autism may be contributing to their needs

The clinic is lead by clinicians from the **Southampton Autism Assessment Service**.

To book your advice slot, please email: [info@reminds.org.uk](mailto:info@reminds.org.uk)



# Emotional Regulation Virtual Workshop



**9.30–12.30**  
**Wednesday 13<sup>th</sup> May**

## About the Workshop

### We will cover:

- What emotional regulation is and why some children struggle more than others
- What dysregulation looks like in the body and behaviour
- Different types of dysregulation from melt-downs to self-harm
- Practical strategies that support regulation at home and in everyday life
- Supporting recovery and repairing relationships after hard times
- What can help in school and how to talk to school about your child's needs
- Creating a simple regulation plan that works in real life

Come along to share experiences, build understanding, and leave with practical ideas and helpful resources. There will be time to talk with other parents and carers who understand, get support from our team, and explore our book and sensory library.

This workshop has been written and is delivered by the Reminds team, drawing on lived experience, our training in neurodiversity, and our work alongside CAMHS to support families..

**To book onto the workshop, please email:**

[info@reminds.org.uk](mailto:info@reminds.org.uk)



# Emotionally-Based School Avoidance Virtual Workshop



**9.30am Wednesday 20<sup>th</sup> May**

## About the Workshop

### We will cover:

- What's really going on beneath school anxiety and avoidance
- How school anxiety presents across different ages and needs
- Small, practical steps that can make everyday school life easier
- Support, shared understanding, and where to go next
- Your legal rights and what schools can do to help

Share understanding, learn practical strategies, and take away helpful resources in a supportive space. There will be time to talk with other parents and carers who are going through the same thing and receive support from our team.

**To book onto the workshop, please email:**



[info@reminds.org.uk](mailto:info@reminds.org.uk)

## Dates for the Year



### SUMMER TERM 2026

<b>11<sup>th</sup> – 14<sup>th</sup> May</b>	:	SATs Week (Y6)
<b>Wednesday, 20<sup>th</sup> May</b>	:	Drama Club Performance: High School Musical (5:30pm)
<b>Friday, 22<sup>nd</sup> May</b>	:	Y6 Careers Fair (pm) 'Break the Rules' Non-Uniform Day
<b>25<sup>th</sup> – 29<sup>th</sup> May</b>	:	Half Term
<b>Monday, 1<sup>st</sup> June</b>	:	Class Photos
<b>Wednesday, 3<sup>rd</sup> June</b>	:	Y5 Astrodome event (2)
<b>Thursday, 4<sup>th</sup> June</b>	:	Y4 Winchester Science Museum Trip
<b>Friday, 5<sup>th</sup> June</b>	:	Disco (5:30pm – 7pm)
<b>Friday, 12<sup>th</sup> June</b>	:	Y6 Paultons Trip
<b>Friday, 19<sup>th</sup> June</b>	:	INSET Day
<b>22<sup>nd</sup> – 26<sup>th</sup> June</b>	:	Assessment Week (Y3 –5)
<b>Monday, 29<sup>th</sup> June</b>	:	Year 2 Parents Evening (5:30pm)
<b>Wednesday, 1<sup>st</sup> July</b>	:	Transfer Day
<b>Thursday, 2<sup>nd</sup> July</b>	:	Y3 & Y4 (9am – 11:30am) Sports Day
<b>Friday, 3<sup>rd</sup> July</b>	:	Y5 & Y6 (9am – 11:30am) Sports Day (Reserve Sports Day: Mon 6 <sup>th</sup> July)
<b>Friday, 10<sup>th</sup> July</b>	:	Y4 Itchen Valley Teambuilding Day
<b>Friday, 17<sup>th</sup> July</b>	:	Year 6 Leavers Prom (6.30pm – 8:30pm)
<b>Monday, 20<sup>th</sup> July</b>	:	Y6 Leavers Celebration Event (6:00pm)
<b>Wednesday, 22<sup>nd</sup> July</b>	:	End of Term: (3.15pm)



### Inset Days: 2026-27

Tuesday 1st September 2026

Wednesday 2nd September 2026

Friday 23rd October 2026

Monday 22nd February 2027

Friday 18th June 2027

