



Townhill Junior School Newsletter – April 2025

Welcome to our school newsletter



In this issue...

- Welcome
- Wonderwall Winners
- House Points
- Easter
- Sports News
- Boom Reader, Spelling Shed & TT Rocks Leaderboards
- Year Group Updates
- Attendance
- Internet Safety
- April Half Term Events
- Adverts
- New Menu
- Diary Dates (including Inset days next year)
- Contact Us



Welcome

Dear parents and carers,

This has been an extremely busy and productive half term with many exciting learning opportunities and experiences. We had various activities and author workshops linked to World Book Day. Then this week a group of Year 4 children went to The Gregg School to learn about different foreign languages and to see how these link to the Spanish that they have already learned, and a group of writers in Year 6 got to see a performance of Hamilton at The Mayflower Theatre.



In class, the children have continued to dig deep into our curriculum. In Year Three, the children have been reading Krindlekrax as the hook to enable the children to produce some wonderful writing. In Year 4, they have been using data loggers to really investigate our school site and both made and tasted Greek dips to go with their history work on Ancient Greece. In Year 5, they have travelled back in time to the era of the Highway Man and producing some fantastic writing inspired by this. Year 6 have also been looking at the Earth but have gone even deeper, by learning about earthquakes, volcanoes and how the planet is formed. If you want to know more about the topics we cover, be sure to take a look at the Curriculum section on the school website. There are also examples of the children's outcomes there too.

As ever, I am very grateful to all of our teachers and staff for working so hard to encourage our pupils' learning and for the support of our parents and wider community. It was lovely to see so many of you at Parents Evening and I thank you for supporting the school and your children so fantastically.

Have a wonderful break and I look forward to seeing you all back at the start of the Summer term on Tuesday 22nd April, after the Easter Bank Holiday.

Mr Humphries



Wonderwall

Our Wonderwall Winners announced in assembly on Friday were:

3G: Ayra **3T: Blessing**
4P: Isaac **4T: Elizabeth**
5I: Alyssia **5OH: George**
6C: Pheebe **6O: Max B**
6S: Jessica D **PE: Sarah (4P)**



House Points

Throughout the half term, the children have enjoyed competing in houses and collecting house points by demonstrating the school's learning values and following the three school rules. Additionally, children can also gain house points for participating in TT Rockstars, Spelling Shed and Boom Read.

After a very closely fought contest, congratulations to the winning house for Spring 1... **Sapphire!** On the first Friday back, they will get the opportunity to be 'first' for everything including school dinners and breaktimes. They will also have a longer break and lunch time than the other children.

Spring 2 Standings:

House	Total Points
Sapphire	3
Emerald	2
Ruby	2

Our Houses



Easter



We started the week with an Easter assembly led by Jo and Luke from Bitterne Church of Ascension. Then on Friday, the Easter break got off to a fantastic start with each child taking home some an Easter bucket, paints and chocolate courtesy of our wonderful partners at Big Difference. This fantastic charity supports our families at their pantry and wanted to ensure every child in the school had a treat to take home for the holidays. We are extremely grateful to the team for all their support.

The SFC also provided prizes for our Easter raffle. There were 356 tickets sold, meaning we raised £356 for school projects. The draw took place in assembly on Friday afternoon and the star prize was a brand new bike which was won by Adam in 5OH.



Big Difference Pantry Visit



Following our successful recent visits, you can now jump on board the school minibus and join Mrs Austin on a visit to the Big Difference food pantry, 'a social supermarket in Northam providing accessible and healthy food and drinks at reduced prices.' This is a great way to stock up on essentials and socialise with other TJS parents! Coffee and cake are then available back at school.

Upcoming trips - Thursday 9th May at 10.10am-11.30am Tickets are £1 per person. Please contact Mrs Austin or the office to reserve a seat!

Trip to see Hamilton



Last Tuesday, a group of Year 6 writers got to watch a special performance of Hamilton at the Mayflower Theatre. The children were all given programmes and after enjoying the performance they got to go to the stage area to see how the show was put together and hear from some of the cast and crew about their roles. They have since written reviews of the performance and sent them to the production company.

Unexplained Incident near Year 3



On Wednesday, Year 3 came into school to find there had been a disturbance overnight. The drain cover had been opened and unusual footprints could be seen on the ground and up the wall. This led to an important investigation by the Year 3 children and some impressive writing outcomes.

Year 6 Art Work

Year 6 have been using Pop Art as the inspiration for their outcome pieces. Using bright colours and dot formations they used a range of media to produce some wonderful art work.



Sports News

It has been a busy half-term of sport here at TJS with a focus on our success in Cross Country and Indoor Athletics. The children did superbly with some impressive results:

Gold (Lower School Boys Team): Jaivon, Jesaiah, Herkus, Alfie
Bronze (Lower School Girls Team): Kaya, Sasha, Elizabeth, Sarah
Bronze (Upper School Boys Team): Callum, Connor G, Oliver S, Peterclever
Bronze (March Hare Boys): Callum, Connor G, Jaivon, Jesaiah
Bronze (March Hare Girls): Amayah, Esme, Kaya, Sasha

It has also been exciting to take our Lower School and Upper School rugby teams to St Mark's school for the city tournament getting to play matches against a number of other schools in the city and the performances by our teams, many who were representing TJS for the first time, were excellent and they represented TJS brilliantly.

In the curriculum, Year 3 have been developing their gymnastics with a series of circuits to improve their technique. Year 4 also did gymnastics and looked at springing and landing from apparatus. Year 5 designed a dance based on the journey of a river and continued with their swimming lessons to keep to a water theme! Meanwhile year 6 have been looking at creating group routines in gymnastics with a focus on symmetry. In Games, each year group has focused on different elements of rugby which linked in with our after school club and the tournaments that we participated in.

Sports Values Awards – Spring 2

Best Dressed – 4T

Passion

Darcey 3G
Arthur 4P
Joshua 5OH
Nathan 6O

Determination

Ayla 3T
Sasha 3G
Sarah 4P
Phoebe 5I

Honesty

Jaxon 3T
Tymon 4T
Hector 5OH
Theodore 6O

Teamwork

Harley 3T
Lena 4T
Molly 5OH
Lili 6S

Self belief

Lincoln 3G
Jayde 4T
Clarke 5I
Daniel 6C

Respect

Rhema 3T
Renesmai 4P
Matilda 5OH
Andrea 6S



Boom Reader Leaderboard

Class	Most Reads
3G	Louis
3T	Kaya
4P	Herkus
4T	Finley
5I	X
5OH	Matilda
6C	Andrea
6O	Max B
6S	Eli
Weekly Class Winner	3G



Spelling Shed Leaderboard

Rank	Pupil	Class	Score	Total Score
1	Idah	5OH	10,389,038	152,048,337
2	Mysha	5I	7,030,386	39,707,599
3	Cody	6S	4,244,000	6,920,614
4	Oscar C	3T	3,407,576	11,569,050
5	Janelle	3G	2,984,528	88,372,091
6	Leo B	6S	2,375,648	54,733,798
7	Tawfiq	5I	2,045,555	44,007,792
8	Paul	6S	1,732,432	1,732,432
9	Charis	4P	1,647,352	121,315,358
10	Hope	4P	1,540,404	6,945,062



TT Rocks Leaderboard

Rank	First Name	Class	Correct Answers
1	Desandu	5I	3629
2	Connor	4T	1476
3	Kacper	3T	1268
4	Desandi	5OH	909
5	Kara	5I	874
6	Callum	4P	833
7	Fleur	4P	806
8	Hope	4P	792
9	Ava	4P	741
10	Divino	4T	716



Learning is the key to success

Home Learning

A reminder of the expectations....

Boom Reader – this is an on-line reading log, and does not have online books for your child to read. Once on the site all you need to do is log when your child reads. There is even the option to for children to log for themselves. This allows us to keep a record of the texts and genres each child reads. We would expect a minimum of 4 logs a week, this can be just parents, just children or a mix. It would be great if it was more – they may just be our weekly star reader!

TT Rockstars – On TT Rockstars there are a number of options to practise your times tables. Sound check is beneficial for practising against the clock in preparation for the Year 4 times table check. Or to get up the school leader board, choose Studio!

Spelling Shed – Once logged on your child should head to assignments where games have been allocated that match the current pattern / rule being learnt in school. We would expect the children to spend ten minutes, 4 x a week playing these games.

Any problems please speak to your child's class teacher.



Year 3 Updates

What we have been learning this term:

- Maths = Fractions: adding, subtracting, equivalents and finding fractions of an amount.
- English = Using Krindlekrax by Philip Ridley we have investigated characters, written narratives and created newspaper reports.
- Geography = The UK: countries, capitals, mountains, rivers and describing human and physical features.
- Science = Light: How we see things, shadows, reflective surfaces and keeping eyes safe
- Spanish = Nursery Rhymes
- DT = Sewing Roman Games
- Computing = Branching databases
- PE & Games = Roman invasion themed dance & rugby.
- RE = Suffering in the Easter Story.
- PSHE = Healthy Me
- Music = Pentatonic melodies

Next half term, we will be learning...

Subject	Learning
English	Main texts: The Miraculous Journey of Edward Tulane by Kate DiCamillo and The Boy Who Grew Dragons by Andy Shepherd
Maths	Fraction word problems & angles
Science	Finish Light and begin Plants
RE	Sacred Places of Worship
Geography	Circles of the Earth
Art	Art in Nature
Computing	Coding and programming
Music	JAZZ
Spanish	Las Frutas (fruits)
PE & Games	Cricket

Year 4 Updates

What have we learned this half term?

- English: We have been reading The Iron Man using this to support our writing
- Maths: We have completed a lot of work on decimals and equivalent fractions
- Geography: Field work using the data loggers
- History: We continued our historical study of Ancient Greece
- Science: We learnt about the different States of Matter
- RE: Rituals and the pascal candle
- DT: We enjoyed making and tasting our Greek dips
- PE: Gymnastics saw us working on Springing and landing
- Games: We have been learning to attack and defend in Rugby
- Spanish: We have learnt about Las estaciones del ano (The seasons)
- PSHE: We explore the unit 'Healthy Me'
- Music: Our focus was Haikus linked to Hanami festivals

Next half term, we will be learning...

Subject	Learning
English	Main texts: The House with Chicken Legs by Sophie Anderson and Wild Child by Dara McAnulty
Maths	Geometry: Shapes and their properties
Science	Electricity
PSHE	Relationships
RE	Devotion
History	Ancient Egypt
Art	African cloths
Computing	Programming: Repetition in Shapes
Music	Samba instruments
Spanish	Los helados (ice cream)
PE	Rhythmic Gymnastics
Games	Cricket

Year 5 Updates

What we have been learning this half-term:

English: We have been writing narratives and newspaper reports based on the grizzly poem 'The Highwayman'

Reading: In guided reading, we have been reading 'Wonder' – we have really been enjoying this inspirational book!

Maths: In Maths, we have been measuring angles and using four operations to calculate missing angles

Science: As scientists we have learnt about animals including humans

RE: Stories from Judaism, Christianity and Sikhism have helped us to learn about justice in our own lives

DT: In DT we made soft toys using our sewing skills

PSHE: In PSHE, we have been learning all about the changes that will happen as we grow up

Computing: In computing, we have been learning how to use and sort flat file databases

Spanish: We have been learning how to introduce ourselves and our families

Next half term, we will be learning...

Subject	Learning
English	Main Texts: Wild Robot by Peter Brown and The Front Desk by Kelly Yang
Maths	Mass, Shape Position and Movement
PSHE	Healthy Me
RE	Sacred Places
Geography	Rivers
Art	Artist Focus: Keith Haring
Computing	Physical computing
Music	Looping and re-mixing
Spanish	En el café (In the café)
PE	Gymnastics – Twisting and Turning
Games	Cricket

Year 6 Updates

What we have been learning this half-term:

- English: We have written diaries and newspapers based on King Kong, which we have all really enjoyed. We have also read Boy 87 in our Guided Reading
- Maths: We have learned about Area, Volume and Geometry
- Geography: Earthquakes and Volcanoes
- Computing: Using spreadsheets to plan a party within a budget.
- RE: Resurrection
- Art: Pop Art
- Music: Theme and Variations based around Pop Art
- Spanish: La ropa (clothes)
- PE: Gymnastics: Group symmetrical routines
- Games: Rugby

Next half term, we will be learning...

Subject	Learning
Reading	Main text: Locomotion by Jacqueline Woodson
English	The Arrival by Shaun Tan
Maths	Position and Movement, Statistics
PSHE	Relationships
RE	Death Ceremonies
Science	Light
Computing	Variables in Games (Scratch)
Music	Composing and Performing
Games	Cricket

School Attendance News



Attendance Statistics

Whole School Attendance this week	92.7%	Whole School Attendance this year to date	93.9%
Number of children with over 97% attendance this week	199	Number of children with over 97% attendance this year	107



Class Attendance for this week:

Weekly Attendance	3G	3T	4P	4T	5I	5OH	6C	6O	6S
Attendance Percentage	88.2%	95.5%	94.6%	98.9%	89.3%	89.8%	87.3%	95.2%	93.5%
Difference on last week	-6.8%	+3.7%	+7.6%	+7.7%	-2.3%	-4.8%	-3.6%	+3.3%	+0.2%

Every School Day Counts



What Parents & Educators Need to Know about

INSTAGRAM

AGE RESTRICTION
13+

Instagram remains one of the world's most popular social media platforms, especially among teens – with around 70% of 13 to 17-year-olds using it. Owned by Meta, Instagram allows users to share photos and videos, create interactive 'stories', broadcast live, send private messages and follow others. With regular updates and new features, it's essential for parents and educators to stay informed about how children are using the app – and what the risks are.

WHAT ARE THE RISKS?

EXCESSIVE SCREEN TIME

Instagram's design encourages prolonged use through endless scrolling of trending content and generating a fear of missing out (FOMO). Children can quickly lose track of time browsing posts from friends, influencers, and strangers, which may disrupt their day-to-day activities.

AI CHATBOT CONCERNS

Meta's AI, which is available on Instagram, allows users to chat with an in-app chatbot. While often helpful, it can also be used for young users, who may ask for or read content that is inappropriate or see it as a real friend or confidant. Young users also risk, or conversations may not be as secure as private or children's services.

RISKS OF GOING LIVE

The Destream feature allows real-time broadcasting to followers – or anyone, if the stream is public. This increases the chance of unwanted contact from strangers and pressure to act in ways that gain attention, including engaging in inappropriate behaviour. Viewers may also post abusive or harmful comments during live sessions.

THREADS INTEGRATION

Threads is Instagram's sister app for public, text-based conversations. Posts from Threads appear in users' Instagram feeds and can lead children to view, share, and comment on public conversations with strangers. The content may not always be age-appropriate and can be misleading or false.

SCHEDULED MESSAGING

Instagram's newer ability to schedule direct messages means that children could receive messages late at night or early in the morning. This can disrupt their sleep or keep them preoccupied before the school day even begins.

EXCLUSION AND LOW SELF-WORTH

Feeling left out online can have a real emotional impact. Being left out of parties, receiving fewer likes, being unfriended, or being ignored in chats and comments can leave children feeling excluded, which often feeds on itself as it real life. There is a risk this can lead to reduced self-esteem and a sense of not belonging.

Advice for Parents & Educators

USE INSTAGRAM'S SUPERVISION TOOLS

Instagram's built-in Family Centre lets parents monitor how much time their child spends on the app. Specialised 'teen accounts' are private by default and offer controls on who can message them. Make sure that children see their red age when registering their account to ensure they have these protections.

OPEN UP THE CONVERSATION

Talk regularly to the children in your care about what they enjoy on Instagram – and what makes them uncomfortable. Encourage honest chats about likes, body image, and online approval. Reassure them that they don't need to edit their appearance or share 'likes' to feel valued.

SET BOUNDARIES FOR THREADS AND AI

Parental controls on Instagram also apply to Threads. These allow parents to monitor time spent in the app, check follower lists and adjust exposure to sensitive content. Discuss AI features, too, ensuring helping children understand that chatbots aren't real people and should be used with care.

BE MEDIA-SAVVY WITH INFLUENCERS

Parents should follow a few of the influencers their child watches, so they can better understand the content they're seeing. Use this as a springboard to talk about the difference between genuine recommendations and sponsored posts – and how online personalities can shape opinions and behaviour.

Meet Our Expert

Dr Claire Buchanan is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



#WakeUpWednesday

The National College

Age 7+

Check out the Detectives, Sleuths & Whodunnits booklist on the Reading Resources section of www.readingjackdaw.co.uk

APRIL 2025 NEWSLETTER

Fiction in Focus



Refugees
Friends
Empathy
Short Stories



Funny
Superheroes
Funny
Adventure



Cartoon
Cats
Funny
Destiny



Ghosts
Empathy
Self-esteem
OCD



Birds
Crime
Whodunnit
Spring



Mystery
Crime
Friends
Jamaica



Adventure
Science
Funny
Fitting in



Criminals
Genius
Brothers
Fantasy



Mythical
Fantasy
Adventure
Evil

Activity: For Easter make a stack of books with the words 'chocolate' or 'egg' in the title.

Quiz: How many Tom Gates books are there in the series?

April Fool's Day! Hoaxes, Fakes, Fraud and Practical Jokes in Fiction



The Reading Jackdaw, April 2025
www.readingjackdaw.co.uk

Age 11+

Check out the 2025 Year 7 & 8 booklist on the Reading Resources section of www.readingjackdaw.co.uk

APRIL 2025 NEWSLETTER

Fiction in Focus



Friends
Illness
The Past
Gentle



Adventure
Dystopian
Refugees
Political



Bullying
Empathy
Self-esteem
Stammer



Titanic
Heist
Theft
Historical



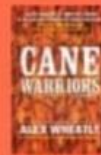
Adventure
Environment
Funny
Business



Horror
Fantasy
Evil
Funny



Fairy Tale
Adventure
School
Witches



Historical
Rebellion
Slavery
Powerful



Thriller
Hostages
Grief
Emotional

Activity: Blank out the writing on a page of a graphic novel and put in your own dialogue, change the story completely.

Quiz: Name 3 books set in the Middle East.

Stephen Lawrence Day

22nd April 2025

A day to come together, stand up against discrimination and through reflection, learning, and action, inspire change and create a better future.

Danny Chung Does Not do Maths, Masie Chan

Fight Back, A.M. Dassu

My Sister Lives on the Mantlepiece, Annabel Pitcher

Rebound, Kwame Alexander

The Bone Sparrow, Zana Fraillon

The Book Thief, Markus Zusak

The Fight that Makes Us, Sarah Hagger-Holt

The Other Side of Truth, Beverley Naidoo

Welcome to Nowhere, Elizabeth Laird

Wolf Hollow, Lauren Wolk

The Reading Jackdaw, April 2025
www.readingjackdaw.co.uk

Easter Half Term Activities in Southampton



Supported using public funding by
ARTS COUNCIL ENGLAND



Monday 7th April	10.30am - 12.30pm	Shiny Easter Egg Pictures Bitterne Library Suitable for all ages
Wednesday 9th April	10.30am - 12.30pm	Origami Plant Pots Woolston Library Suitable for all ages
Wednesday 9th April	10.30am - 12pm	Miffy & Peter rabbit masks Portswood Library Suitable for all ages
Thursday 10th April	10.30am - 12.30pm	Mainly Miffy Central Library Suitable for all ages
Thursday 10th April	10.30am - 11.30am	Brilliant Bird Hats Shirley Library Suitable for all ages
Thursday 10th April	2.30pm - 3.30pm	All aboard! Lordshill Library Suitable for all ages
Monday 14th April	10.30am - 12.30pm	Origami Plant Pots Bitterne Library Suitable for all ages
Wednesday 16th April	10.30am - 12pm	Bunny cones & Easter baskets Portswood Library Suitable for all ages
Wednesday 16th April	10.30am - 12.30pm	Shiny Easter Egg Pictures Woolston Library Suitable for all ages
Thursday 17th April	10.30am— 11.30am	Rockin'Rabbits Shirley Library Suitable for all ages

Adverts



Dr Neil Gostling, dinosaur expert is hosting an AMAZING exhibition at God's House Tower which will open next week and over the Easter holidays more information below:

Exhibition, 4th April to 1st June 2025, God's House Tower, Southampton.

From Dorset to Sussex, under the busy pavements and natural spaces of Britain's South Coast, is a near unbroken sequence of rocks that span 200 million years of Earth's history. *Hidden in Stone* is an exhibition about shifting continents, changing climates, and evolutionary radiation.

Did you know that 160 million years ago the South Coast was under water and terrifying sea monsters, ichthyosaurs and pliosaurus, hunted in the ocean as ammonites jetted through the water?

Or, that 125 million years ago forest fires ripped through the landscape as dinosaurs roamed across the scene. Again, the land gave way to the sea, and the chalk was deposited preserving sea urchins as flint, before the end of the dinosaurs and the rise of mammals in a warm tropical land of crocodiles and prehistoric hippos.

Then, in the last few hundreds of thousands to tens of thousands of years, across cycles of ice and snow, we see the emergence of a new type of animal settling in our shores, and prehistory, gives away to history, and humans become part of the tale.

Join us as *Hidden in Stone* explores *Jurassic Seas*, where *Dinosaurs Roam*, *Chalk Seas*, *Tropical Hampshire* and *Frozen Britain*, with several 'stops' along the way, using fossils, artwork and sculpture to show the rich heritage of fossils, literally beneath your feet as you wander across the South Coast, from Dorset to Hastings in Sussex.



**NON CONTACT KARATE
TAUGHT BY FULLY
QUALIFIED INSTRUCTORS**



**EVERYONE WELCOME
FROM 4 YEARS OLD**



**WE TEACH TRADITIONAL KARATE
ENCOURAGING CONFIDENCE, RESPECT,
DISCIPLINE, SELF AWARENESS AND AGILITY IN
A FUN & CONTROLLED ENVIRONMENT. ALL
CLASSES ARE FRIENDLY, INFORMATIVE &
CATER TO THE INDIVIDUAL NEEDS OF THE
STUDENT.**



**TOWNHILL JUNIORS SCHOOL
TUESDAYS 5.00PM – 6.00PM**

**£6.00 PER CLASS – PAY AS YOU GO
MEMBERSHIP REQUIRED AFTER FIRST CLASS £25 PER YEAR**

MANY MORE CLASSES TO CHOOSE FROM, FIND THEM ALL AT: WWW.SOUTHERNKARATE.ORG

FOR MORE INFORMATION AND TO BOOK YOUR PLACE

EMAIL: info@southernkarate.org

Tel: 07764 478507



Child Protection
in Sport Unit



LOVE WHERE YOU LIVE EVENT

FREE ENTRY

Saturday 10 May, 12-2pm
at MacArthur Crescent Playfield,
SO18 4SS.

southampton.gov.uk



Junior Neighbourhood Warden's **FREE**

Come & Join Us
Hinkler Park
Hinkler Rd, Thornhill

On **Tuesday**
15th April
12-3pm

No Need to Book

FREE
Sports
&
Bouncy Castle

Learning is the key to success

KIDS HOLIDAY CAMPS

TEAM SPIRIT

SPORTS COACHING

7TH APRIL -
17TH APRIL



FREE SPACES for children in receipt of free school meals as part of Southampton HAF

Join us over the half term break for some action packed days full of enjoyable activities!

MULTI-SPORTS, FOOTBALL, TENNIS, TEAM XTREME COURSES AND OUR LET'S GET MESSY EASTER SPECIAL!

SO MUCH FUN TO BE HAD - DON'T MISS OUT BOOK TODAY!



Visit our site



Highfield CE Primary School (Junior Site) - Hawthorn Road, SO17 1PX
Wordsworth Primary School (Shirley) - Victor Street, Shirley, SO15 5LH
Shirley Junior School (Shirley) - Bellemoor Road, SO15 5XE
Freerounds Junior School (Hedge End) - Hobb Lane, SO30 0GG
St Michael and All Angels CE Infant School (Lyndhurst) - High Street, SO43 7BB

For More Information, contact us :
admin@teamspirit4sport.co.uk
023 80 658 636

Limited spaces - BOOK TODAY:
www.teamspirit4sport.co.uk

TESTLANDS HOLIDAY CLUBS

EASTER HALF TERM

PAID AND FUNDED SPACES AVAILABLE WITH SOUTHAMPTON HOLIDAY ACTIVITIES & FOOD (HAF) PROGRAMME

MONDAY 7 APRIL - THURSDAY 17 APRIL

VARIOUS DIFFERENT SITES
LONG & SHORT DAYS
SIBLING DISCOUNT
CHILD CARE VOUCHERS ACCEPTED
OFSTED REGISTERED
HOT MEAL INCLUDED WITH HAF SPACES

ACTIVITIES INCLUDE


FOOTBALL - NETBALL - BASKETBALL - CAPTURE THE FLAG
DODGEBALL - ARTS & CRAFTS INFLATABLES - DANCE & MORE!

TO BOOK, PLEASE SCAN THE QR CODE PROVIDED OR VISIT WWW.TESTLANDS.COM/HOLIDAYCLUB
FOR A SIBLING DISCOUNT CODE, PLEASE EMAIL CONTACTUS@TESTLANDS.COM

OFSTED REGISTRATION NUMBER: 2402449

WWW.TESTLANDS.COM/HOLIDAYCLUB
WWW.FACEBOOK.COM/TESTLANDSCV

Coming up at Re:Minds... 21st - 25th April 2025





Evening Advice Clinic

Wednesday 23rd April 6pm

Book a 10 minute private appointment to speak with a clinician about any issues CAMHS deal with via Zoom

The clinic is led by the Southampton Specialist CAMHS Service and is open to ALL members of Re:Minds for general advice

Please note, they are unable to give information about CAMHS services outside of Southampton



Advice Clinic

Thursday 24th April 10am

Book a 10 minute, private, virtual Zoom appointment to speak with a clinician about any issues CAMHS deal with

The clinic is led by the Southampton Specialist CAMHS Service and is open to ALL members of Re:Minds for general advice

Please note, they are unable to give information about CAMHS services outside of Southampton





ADHD Advice Clinic

Thursday 24th April 1pm

Book a 10 minute, private, virtual Zoom appointment to speak with a member of the ADHD team at CAMHS about any issues you are facing around this topic

Email info@reminds.org.uk to book



Shirley Support Group



Friday 25th April 10am

A chance to talk to other parents/carers with neurodiverse children and/or mental health issues. Get advice & support from our team - it doesn't matter where you live, you can attend any group!

You can also access the book & sensory library on request

please allow 48 hours prior notice for this

Face to face meetings are in Room 7 upstairs at St James Road Methodist Church, SO15 5NK

This venue has free parking, is accessible (has a lift) - Refreshments are available



Kerstin from our 16-25 team will also be on hand at Shirley to support anyone with children/young people who are in or approaching this age bracket



Kerstin from ReMinds is offering

- Peer Support
- Information
- Advice
- Advocacy
- links to other services



Please email info@reminds.org.uk to book an appointment at the clinic. You do not need to book to attend the support group, just turn up!

★ **New Dish for 2025**

Mega Mondays

Tasty Tuesday

Roast Wednesday

Try It Thursday

Fishy Fridays

CHOICE SUMMER

WEEK 1

Weeks starting:
21st Apr, 12th May, 2nd Jun,
23rd Jun, 14th Jul

Margherita Pinwheel (V)
Authentic Vegetable Curry & Steamed Rice (VG) (GF)
Jacket Potato & Fillings (V) (VG) (GF)
Soft Roll with a Choice of Fillings (V) (VG)

Green Beans, Sweetcorn
Fresh Daily Salad Selection, Homemade Bread
Fruit Ice Lolly (VG)
Dolce Homebake, Seasonal Fruit, Fruit Yoghurt

Chilli Con Carne with Nachos & Steamed Rice (GF)
★ Summer Pesto Pasta (VG) ★
Jacket Potato & Fillings (V) (VG) (GF)
Soft Roll with a Choice of Fillings (V) (VG)

Peas, Carrots
Fresh Daily Salad Selection, Homemade Bread
Chocolate Cookie (VG)
Dolce Homebake, Seasonal Fruit, Fruit Yoghurt

Roast Chicken (GF)
Vegetable Burrito (VG)
Jacket Potato & Fillings (V) (VG) (GF)
Soft Roll with a Choice of Fillings (V) (VG)

Roast Potatoes, Carrots, Savoy Cabbage, Gravy
Fresh Daily Salad Selection, Homemade Bread
Fresh Melon Slices (VG)
Dolce Homebake, Seasonal Fruit, Fruit Yoghurt

Hand Stretched Pepperoni or Sweetcorn Pizza with Garlic Slice (V)
★ Indian Butter Chicken & Rice (GF) ★
Jacket Potato & Fillings (V) (VG) (GF)
Soft Roll with a Choice of Fillings (V) (VG)

Sweetcorn, Carrots
Fresh Daily Salad Selection, Homemade Bread
★ Cherry & Apple Crumble & Custard (V) ★
Dolce Homebake, Seasonal Fruit, Fruit Yoghurt

Breaded Fish Fingers or Salmon Fishcakes
Italian Tomato Pasta (VG)
Jacket Potato & Fillings (V) (VG) (GF)
Soft Roll with a Choice of Fillings (V) (VG)

Chips, Peas, Baked Beans, Ketchup
Fresh Daily Salad Selection, Homemade Bread
★ Snickerdoodle Cookie (VG) ★
Dolce Homebake, Seasonal Fruit, Fruit Yoghurt

WEEK 2

Weeks starting:
28th Apr, 19th May, 9th Jun,
30th Jun, 21st Jul

Hand Stretched Margherita or Pineapple Pizza (V)
Mild Bean Chilli with Nachos (VG)
Jacket Potato & Fillings (V) (VG) (GF)
Baguette with a Choice of Fillings (V) (VG)

Baked Potato wedges, Sweetcorn, Green Beans
Fresh Daily Salad Selection, Homemade Bread
★ Strawberry Mousse (V) ★
Dolce Homebake, Seasonal Fruit, Fruit Yoghurt

★ Summer Pastitsio (A Greek Bolognese Pasta Bake) ★
Plant Based Pasta Bolognese (VG)
Jacket Potato & Fillings (V) (VG) (GF)
Baguette with a Choice of Fillings (V) (VG)

Sweetcorn, Carrots
Fresh Daily Salad Selection, Homemade Bread
Homemade Shortbread (VG)
Dolce Homebake, Seasonal Fruit, Fruit Yoghurt

Roast Chicken (GF)
Quorn Grill (V)
Jacket Potato & Fillings (V) (VG) (GF)
Baguette with a Choice of Fillings (V) (VG)

New Potatoes, Carrots, Peas, Gravy
Fresh Daily Salad Selection, Homemade Bread
Red Velvet Brownie (V)
Dolce Homebake, Seasonal Fruit, Fruit Yoghurt

Oven Baked Sausages
★ Creamy Cajun Pasta Bake (V) ★
Jacket Potato & Fillings (V) (VG) (GF)
Baguette with a Choice of Fillings (V) (VG)

Mashed Potatoes, Sweetcorn, Cabbage, Gravy
Fresh Daily Salad Selection, Homemade Bread
Jelly & Fruit (VG)
Dolce Homebake, Seasonal Fruit, Fruit Yoghurt

Breaded Fish Fingers
Crispy Dippers (VG)
Jacket Potato & Fillings (V) (VG) (GF)
Baguette with a Choice of Fillings (V) (VG)

Chips, Peas, Baked Beans, Ketchup
Fresh Daily Salad Selection, Homemade Bread
Ginger Cookie (VG)
Dolce Homebake, Seasonal Fruit, Fruit Yoghurt

WEEK 3

Weeks starting:
5th May, 26th May
16th Jun, 7th Jul

Hand Stretched Margherita Pizza with Garlic Slice (V)
Spinach & Potato Curry & Rice (VG)
Jacket Potato & Fillings (V) (VG) (GF)
Sandwich with a Choice of Fillings (V) (VG)

Green Beans, Sweetcorn
Fresh Daily Salad Selection, Homemade Bread
Chocolate Crispy Cake (VG)
Dolce Homebake, Seasonal Fruit, Fruit Yoghurt

The Dolce All Day Breakfast
The Dolce All Day Breakfast (V)
Jacket Potato & Fillings (V) (VG) (GF)
Sandwich with a Choice of Fillings (V) (VG)

Hash Brown, Baked Beans, Peas
Fresh Daily Salad Selection, Homemade Bread
Fresh Fruit Salad (VG)
Dolce Homebake, Seasonal Fruit, Fruit Yoghurt

Roast Chicken (GF)
Ratatouille Pasta (VG)
Jacket Potato & Fillings (V) (VG) (GF)
Sandwich with a Choice of Fillings (V) (VG)

Mashed Potatoes, Carrots, Savoy Cabbage, Gravy
Fresh Daily Salad Selection, Homemade Bread
★ Oaty Fruit Crunch (VG) ★
Dolce Homebake, Seasonal Fruit, Fruit Yoghurt

Macaroni Cheese (V)
Chicken Katsu Curry & Steamed Rice
Jacket Potato & Fillings (V) (VG) (GF)
Sandwich with a Choice of Fillings (V) (VG)

Green Beans, Sweetcorn
Fresh Daily Salad Selection, Homemade Bread
★ Jelly & Ice Cream (V) ★
Dolce Homebake, Seasonal Fruit, Fruit Yoghurt

Breaded Fish Fingers
★ Fishless Fingers (VG) ★
Jacket Potato & Fillings (V) (VG) (GF)
Sandwich with a Choice of Fillings (V) (VG)

Chips, Peas, Baked Beans, Ketchup
Fresh Daily Salad Selection, Homemade Bread
Apple Cake (V)
Dolce Homebake, Seasonal Fruit, Fruit Yoghurt

Bread & salad bar available DAILY

V = Vegetarian | VG = Vegan | GF = Gluten Free
For full allergen information please refer to your SchoolGrid Account. *Gluten free products are prepared in a kitchen that handles products containing gluten. If your school has opted to include hold meals, these dietary options will show on SchoolGrid at the point of selection. Menus are subject to change. Refer to SchoolGrid for any menu changes.

Dates for the Diary

Monday, 21st April	:	Bank Holiday
Tuesday, 22nd April	:	Summer Term begins
Wednesday, 23rd April	:	Y6 SATS Parents Evening Event (6:30pm)
Thursday, 24th April	:	Y3 Hilliers Trip
Monday, 28th April	:	Y5 Mosque visit
Monday, 5th May	:	Bank Holiday
Thursday, 8th May	:	Y3 Stone Age – Iron Age Day
Friday, 9th May	:	Y4 History Parent Outcome Event (2:15pm)
12th – 15th May	:	SATs Week (Y6)
Friday, 23rd May	:	Y6 Careers Fair (pm)
	:	Break the Rules Day
26th – 30th May	:	Half Term
TBC June	:	Class Photos
Friday, 6th June	:	Discos Y3/4 (5:00pm) & Y5/6 (6:45pm)
Friday, 13th June	:	Y6 Paultons Trip
Friday, 20th June	:	INSET Day
23rd – 27th June	:	Assessment Week (Y3 –5)
23rd – 27th June	:	Y6 Enterprise Week
Wednesday, 25th June	:	3G Pizza Express Trip
Wednesday, 2nd July	:	Transfer Day
	:	Year 2 Parents Evening (5:30pm)
Thursday, 3rd July	:	Y3 & Y4 (9am – 11:30am) Sports Day
Friday, 4th July	:	Y5 & Y6 (9am – 11:30am) Sports Day
	:	(Reserve Sports Day: Mon 7 th July)
Tuesday, 8th July	:	Y4 Itchen Valley Teambuilding Day
Wednesday, 9th July	:	3T Pizza Express Trip
Friday, 18th July	:	Year 6 Leavers Prom (6.30pm – 8:30pm)
Monday, 21st July	:	Y6 Leavers Celebration Event (6:00pm)
Tuesday, 22nd July	:	End of Term: (3.15pm)



NB: All dates are subject to change, but you will be notified in advance if this happens.

Inset Dates for Next Year

Wednesday 3rd September 2025

Thursday 4th September 2025

Friday 10th October 2025

Monday 23rd February 2026

Friday 19th June 2026

Contact Us

Should you need to contact us:

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Have a lovely Easter holiday break and we
will see you back at school on:

Tuesday 22nd April.

