

Townhill Junior School

Weekly Update: 10th July



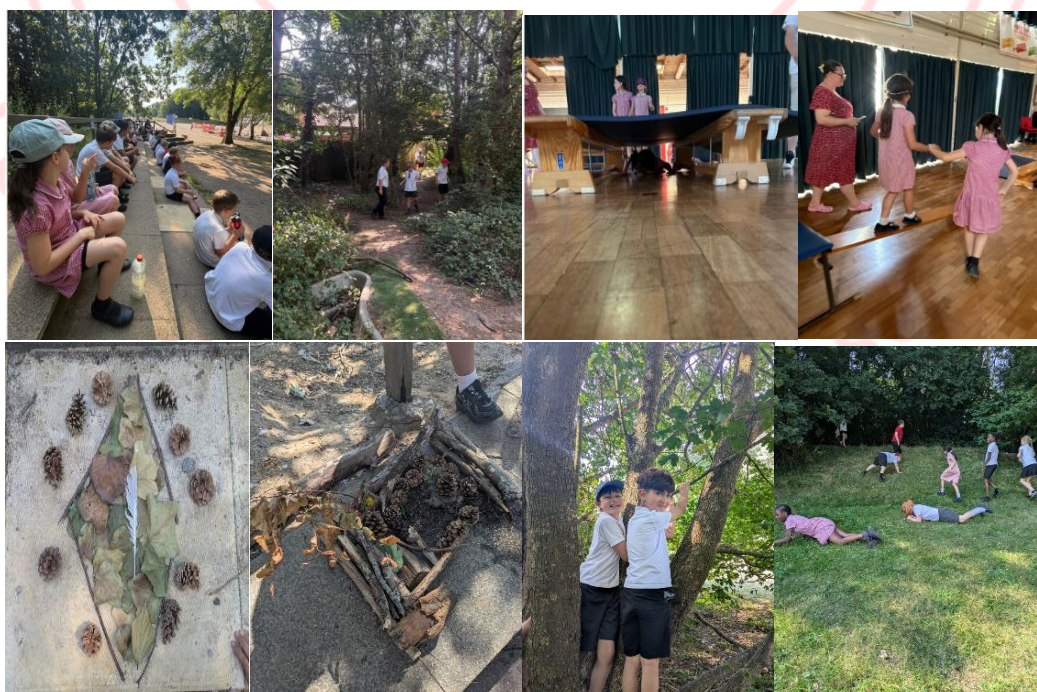
Yr 3 Geography – Eastleigh

On Wednesday, Year 3 travelled to Eastleigh Town Centre to carry out some fieldwork for their geography unit exploring their local area. The children conducted traffic surveys, looked at local facilities and interviewed local residents.



Year 4 Team Building Day

With the hot weather, the Year 4 teambuilding day took place at TJS instead of going to Itchen Valley Country Park on Friday. But the children still got to explore the grounds and enjoyed a number of activities in our grounds and wooded areas with Forest School themed tasks and creative elements. In the afternoon they then got to complete a blindfolded obstacle course with a partner as a guide.



Year 4 DT - Chocolate Bar Making

Going past Year 4 this week has been more like a chocolate factory, as they created their chocolate bars in DT and then made the packaging to go with them in computing. There were some delicious looking designs and hopefully they had some chocolate left to taste before the children got them home!



County Athletics



On Monday, our Quad Kids athletics team represented Southampton in the County Event at Winchester Athletics Centre. The team performed brilliantly in the heat against a high quality field from across Hampshire. They were proud to finish 9th overall and be the leading school in Southampton for athletics again this year.

Film Night

On Friday evening, our entrepreneurial Year 6's hosted a Film Night to raise funds as part of their project to make their money grow and make a profit. The event was a great success with children from 6W running the evening and providing snacks and tuck for the children, with the support of Mr West and Mrs Ilyat. They will be using their profit to enjoy a treat on the last day of term!



We are excited to be taking part in the Summer Reading Challenge and working with the School Library Service to try and achieve the challenge before the end of term! Following an assembly with the fabulous Catherine from Southampton Libraries, we are ready to get reading.



Star of the Week

Class	Name
3F	Theo
3G	Cici
4OR	Kacper
4T	Ibrahim
5T	Fleur
5C	Jaxson
6I	Brian
6W	Hector
PE	Veronika (5T)
Games	Ozzy (5T)

Times Tables Rocks Leaderboard

Rank	First Name	Class	Correct Answers
1	Bella	3G	0.29
2	Phoebe	3F	0.25
3	Shekina	5T	0.25
4	Oakley	4T	0.17
5	Zenitha	3G	0.13
6	Lucia	4OR	0.12
7	Alana	4OR	0.11
8	Jessica	3G	0.09
9	Bow	4OR	0.09
10	Denton	5C	0.09

Boom Reader Leaderboard

Class	Most Reads
3F	Maggie
3G	Sophia
4OR	Penny
4T	Oscar
5C	Bella -Grace
5T	Fleur
6I	Desandu
6OH	Matilda
Class	3G



Y3 Ultimate Duel
CREATED BY: Mr Humphries

3F 189
 3G 108

Y4 Ultimate Duel
CREATED BY: Mr Humphries

4T 1,758
 4OR 1,389



Learning is the key to success

Current Learning



	WB	Subject	What the children will be learning	Ideas to support with the learning at home
Y3	13/7	English	Poetry	Learn and perform a short poem to your family.
		Maths	Money	To look at coins and notes and put them in order of value.
		RE	Protection	To make a friendship token e.g. badge, bracelet, picture.
Y4	13/7	English	Narratives	Go for a walk. What can you see? What can you hear? What can you feel? How would you describe these things in a narrative?
		Maths	Addition and Subtraction	Show an adult how to use column method for addition and subtraction
		PSHE	Changing Me	Tell someone three things you are excited for in Year 5
Y5	13/7	English	Poetry	Think about your own 'overheard' poem what are you going to write about?
		Maths	Maths groups	Work on maths.co.uk
		Art	Clay	Now you've painted your flower, talk to an adult at home about what went well and what you could improve before our evaluations
Y6	13/7	English	Revision	Free writing activities
		Maths	Revision	Complete work on www.maths.co.uk
		Drama	Leavers Performance	Practise your lines and dance routines at home

Home Learning

A reminder that all of our home learning is online through two main platforms and the expectation is that every child should be logging their reading, and completing challenges on TT Rocks every week. The children should also be learning their spelling lists.

Maths: Times Tables Rockstars
Reading: Boom Read



School Attendance News



Attendance Statistics

Whole School Attendance this week	Whole School Attendance this year to date
91.1%	95.2%
Number of children with over 97% attendance this week	Number of children with over 97% attendance this year
155	97



Class Attendance for this week:

Weekly Attendance	3F	3G	4OR	4T	5C	5T	6I	6W
Attendance Percentage	96.6%	94.9%	95.7%	95.8%	92.6%	95.2%	93.6%	92.4%
Progress	+4.0%	-2.6%	-2.0%	-2.7%	+2.8%	-1.9%	-1.7%	-0.3%

Getting Your Child to School Really Matters

Did You Know... ?

In a School Year, If Your Child is Late Every Day By...	Your Child Would Have Lost Approximately...	or They Would Have Missed Approximately...
5 Minutes	3.5 Days from School	20 Lessons
10 Minutes	7 Days from School	41 Lessons
15 Minutes	10 Days from School	55 Lessons
20 Minutes	14.5 Days from School	82 Lessons
30 Minutes	22 Days from School	123 Lessons

Please Encourage Punctuality to Maintain Attendance

10 Top Tips for Parents and Educators

TECH-FREE SUMMER FOR TEENS

For many 11- to 16-year-olds, summer can quickly become screen heavy, especially when socialising, entertainment, and downtime all happen via their devices. Encouraging a tech-free summer isn't about banning technology altogether, but about helping young people rediscover friendship, creativity, independence, and the great outdoors. The NHS recommends that young people aged 5 to 18 aim for an average of at least 60 minutes of physical activity each day across the week.

1 BUILD OUTDOOR CHOICE

Teens are more likely to engage when they feel they have a level of control. Create a simple 'summer outdoors menu' with options such as cycling to a favourite café, playing rounders, visiting a skatepark, dog walking, photography walks, geocaching, or helping around the garden. Parents and educators can then ask young people to choose two or three activities each week that interest them.

2 PREPARE THE KIT

Small barriers can stop teenagers going outside, especially if they feel uncomfortable, too hot, or unprepared. Keep a grab bag with sun cream, water, snacks, plasters, a cap, period products, and a lightweight waterproof. During hot weather, plan shade, water breaks, and calmer activities, as vigorous exercise is not advised on very hot days.

3 TRY MICRO-ADVENTURES

Outdoor activities don't need to be expensive or complicated. A micro-adventure could be as simple as watching the sunrise, walking to a local viewpoint, making breakfast outside, visiting a new green space, or planning a bus journey to a nearby nature trail. Encourage teens to plan the route, snacks, and timings themselves to help build their independence.

4 LINK TO REAL INTERESTS

A young person who dislikes sport may still enjoy being outside if the activity connects with something they already care about. Link outdoor time to music, art, animals, fashion, cooking, photography, or social interaction. Ideas include sketching in a park, making a nature playlist, filming a wildlife vlog script, or designing posters for a community garden.

5 CREATE SOCIAL PULL

For many teenagers, friends are the strongest motivator in various areas of life. Parents can invite one or two friends on walks, picnics, or garden games, while schools can promote lunchtime leagues, outdoor clubs, or summer meet-ups linked to existing interests. Make these activities feel social rather than supervised, with adults nearby for safety but not dominating the experience.

6 MAKE TRAVEL ACTIVE

Active travel is a practical way to build outdoor time into everyday routines. Encourage young people to walk, cycle, or scooter short journeys where it's safe to do so, such as to school, the library, a friend's house, or a sports club. Educators could run a summer 'active miles' challenge, with pupils logging their journeys completed on foot or by pedal.

7 USE PHONE-FREE CHALLENGES

Rather than simply saying, "Put your phone away", turn time spent offline into a shared challenge. Try a two-hour, phone-free park visit, a family evening walk, or a tutor-group challenge where pupils track their screen-free outdoor hours and share what they've been doing. You could all agree to keep devices in a box, bag, or classroom drawer, and allow for check-in time afterwards.

8 OFFER REAL RESPONSIBILITY

Teens often respond well when outdoor activities feel purposeful. Give them the responsibility for setting up a garden get-together, planning a picnic budget, leading a warm-up routine, mapping a walking route, or organising outdoor equipment. Schools could ask pupils to design an outdoor wellbeing trail, manage a sports rota, or support younger pupils during activity sessions.

9 REPLACE, DON'T REMOVE

If screens are taken away without an appealing alternative, young people may see outdoor time as a punishment. Replace gaming sessions with football drills, dance practice, basketball shots, treasure hunts, or card games outside. Replace screen scrolling with a 'boredom box' containing items like chalk, a frisbee, skipping ropes, playing cards, seed packets, or a disposable-style camera.

10 CELEBRATE SMALL WINS

Not every teenager will suddenly love the outdoors, so recognise their gradual progress. Celebrate a 20-minute walk, an hour at the park, a phone-free picnic lunch, or choosing to cycle instead of being driven around. Parents and educators can use praise, certificates, group displays, or simple shared reflection to show that outdoor effort matters.

Meet Our Expert

The National College provides expert-led training and resources to support schools, trusts and education settings worldwide. Its guidance helps parents and educators understand the issues affecting children and young people today, covering topics such as safeguarding, wellbeing, digital safety, and healthy development.

See full reference list on our website

 @wake_up_weds

 /www.thenationalcollege

 @wake.up.wednesday

 @wake.up.weds

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#WakeUpWednesday

The National College



Free Summer Transition Sessions 2026

Mental Health in Schools Team

Join our fun and supportive summer sessions to help you feel confident and ready for Secondary School

Sessions will be held at **GOALS**, Third Avenue, Southampton, SO15 0JW
3:30pm-4:30pm



Communication & Friendships Monday 24th August



Managing our worries Wednesday 26th August



Self-Care Thursday 27th August

You will:

- Build confidence
- Meet new people
- Learn how to manage worries
- Feel ready for your new school

Book your place now!
Just scan the QR code



Your Parent/Carer must attend with you

SEACITY
MUSEUM

SOUTHAMPTON
CITY ART GALLERY

TUDOR
HOUSE
& GARDEN



Summer Holiday ACTIVITIES

AT SOUTHAMPTON
MUSEUMS AND GALLERY



From £6 per activity

ART FOR ALL

Fri 24 Jul | **Print a Pangolin and More** (6+)
Tue 28 Jul | **Paint with Palette Knives** (7+)
Mon 27 Jul | **Fossil Plaster Casting** (5+)
Tue 28 Jul | **Shrinkable Tudor Portraits** (6+)
Wed 29 Jul | **Gruffalo Clay** (4+)
Thu 30 Jul | **Summer Sun Prints** (all ages)
Fri 31 Jul | **Fossil Plaster Casting** (5+)
Tue 4, Wed 5 Aug | **Brilliant Beach Bags**
Mon 10 Aug | **Clay Capybaras** (5+)
Tue 11 Aug | **Surrealism Starts Here** (6+)
Wed 12 Aug | **Animal Magic Monoprinting** (5+)
Mon 17 Aug | **Bugs in Boxes** (4+)
Tue 18 Aug | **Impressionism Starts Here** (6+)
Wed 19 Aug | **Greek Pottery Pots** (6+)
Mon 24 Aug | **Summer Sun Prints** (all ages)
Tue 25 Aug | **Highland Cows in Clay** (5+)
Wed 26 Aug | **Pencil Case Printing** (5+)
Thu 27 Aug | **Pet Portrait Printing** (6+)
Fri 28 Aug | **Dino Drawing and Printing** (6+)

HANDS ON HISTORY

Thu 23 Jul | **Potty Prehistory** (7+)
Mon 27 Jul | **Knight School** (6+)
Mon 3 Aug | **Shiver Me Timbers** (6+)
Tue 4 Aug | **The Hidden History of Harry Potter** (5+)
Fri 7 Aug | **Discover Titanic** (6+)
Fri 14 Aug | **Soaring Spitfires** (7+)
Thu 20 Aug | **Great Fire of London** (6+)
Fri 21 Aug | **Awesome Egyptians** (7+)

TOURS FOR ALL

Thu 6 Aug | **Secrets of Southampton Castle** (6+)
Thu 13 Aug | **Titanic Walking Tour** (6+)
Tue 18 Aug | **Roman Southampton Walking Tour** (6+)

TODDLER TIME

Thu 30 Jul | **Delightful Dinosaurs** (under 4s & friends)
Thu 20 Aug | **Gorgeous Birds** (under 4s & friends)

BOOK YOUR SUMMER ADVENTURE TODAY

For times, prices and locations visit our venue websites

seacitymuseum.co.uk | southamptoncityartgallery.com | tudorhouseandgarden.com





★ Summer Holiday FAMILY DAYS OUT



TUDOR HOUSE & GARDEN

SUMMER FETE

SATURDAY 25 JULY 2026 | FREE ENTRY 10am – 5pm

Join us for a day of family fun celebrating 114 years since Tudor House opened as a museum. Crafts, games and activities throughout the day*

*small charges will apply



LOOKING FOR ALL DAY DROP-OFF ACTIVITIES?

Create cool things,
learn new stuff and make
friends at our regular clubs

From £26 a day

CULTURE CLUB

6½ - 12 years old

Monday to
Wednesdays

3 – 26 Aug

JUNIOR ART SCHOOL

7 - 13 years old

Fridays

31 Jul – 28 Aug

ART SCHOOL PLUS

11 - 16 years old

Thursdays

30 Jul – 27 Aug



EDGE HUB

WEEK OF CREATIVITY

17th - 20th August



Monday

2 - 4pm

Cowboys & Cowgirls

Fancy Dress Party

TUESDAY

11am - 1pm

SPLAT ATTACK!

Messing around with
paint!

WEDNESDAY

10 - 12pm

1 - 3pm

HOARDING ART COLAB

CREATIVE WRITING JAM

THURSDAY

1 - 3pm

DANGEROUS DESIGNS

Textile Takeover

ALL COMPLETELY FREE

ALL EQUIPMENT PROVIDED - WEAR MESSY CLOTHES!

UNDER 13'S MUST BE ACCOMPANIED BY ADULT

*Come and see your work exhibited at the Hoe-down
Creativity Tent*



sandra@ascensionsouthampton.co.uk

Ascension

The DGE HUB SUMMER HOE-DOWN



Saturday 22nd August 3 - 7pm

GRAB YA COWBOY COSTUMES & HEAD ON DOWN TO THE GREEN!

- LINE DANCING
- HORSE SHOE TOSSING
- PANNING FOR GOLD
- TINY TOWNSFOLK ZONE

THE HOE DOWN SHOW DOWN!

Hobby horse derby
Jumpin Jack Sack race
Spud n spoon challenge

- TIN CAN ALLEY
- DECORATE A SOMBRERRO
- COWBOY BOOT FLINGING
- ART & CREATIVITY TENT

LIVE MUSIC

kick up ya heels!
4.00pm THE HEDGEHOGS
6.00PM THE HIGHWAY SUN

- CANDYFLOSS
- REFRESHMENTS
- TOFFEE APPLE BOBBING

Chuck Wagon BBQ 5PM
Chow down and enjoy the music! (FREE!)



& SO MUCH MORE!

Free Entry For All Townsfolk!
prizes for best costumes!



COWBOY HATS WILL BE AVAILABLE TO BORROW!



sandra@ascensionseouthampton.co.uk

Ascension



Next week at Re:Minds

13th – 17th July

Please email
info@reminds.org.uk to
book in for advice
clinics. No need to book
for a support group, just
check the events
section of our Facebook
group

With thanks to:





Advice Clinic

 **10am Monday 13th July**

About the Clinic

Book a **private, 10-minute virtual appointment** to speak with a clinician about support for your child's mental health, behaviour, attention, and day to day challenges. For parents and carers who are concerned about their child's mental health, including where ADHD may be contributing to their needs.

Appointments will be with **Laura Nisbet, Lead ADHD Nurse from CAMHS**

To book your advice slot, please email:
 info@reminds.org.uk



SEND Legal Advice Clinic

 **From 12.30pm Tuesday 14th July**

About the Clinic

We are linking with **Shentons Solicitors** to offer **free SEND legal advice clinics** for Re:Minds families. These sessions provide clear guidance and support on issues such as:

- **EHCP needs assessments** and how to request one
- **Problems at school related to SEN** (with or without an EHCP)
- **Appeals**, including refusals to assess, refusals to issue a plan, and issues with plan contents or placement
- **Preparing for Tribunal** and gathering evidence of need
- **Issues with provision in an EHCP**, including non-delivery or placement breakdown
- **Annual reviews**, statutory timescales, and LA compliance
- **Health and social care needs** linked to EHCPs
- **Disability discrimination in education**
- **Rights of young people aged 16+** (with capacity) regarding their EHCP

To book your 30 minute advice slot, please email:
 info@reminds.org.uk



Advice Clinic

 **10.30am Tuesday 14th July**

About the Clinic

Book a **private 10 minute, virtual appointment** to speak with a clinician about support for your child's **mental health, behaviour, attention, and day to day challenges**. For parents and carers who are concerned about their child's mental health, including where autism may be contributing to their needs

The clinic is lead by clinicians from the **Southampton Autism Assessment Service**.

To book your advice slot, please email:
 info@reminds.org.uk



Advice Clinic

 **10am Thursday 16th July**

About the Clinic

Book a **private, 10-minute virtual appointment** to speak with a clinician about **any issues covered by CAMHS**.

This clinic is led by the **Southampton Specialist CAMHS service** and is open to **all Re:Minds members** seeking general advice.

To book your advice slot, please email:
 info@reminds.org.uk

Dates for the Year



SUMMER TERM 2026

Friday, 17th July : Year 6 Leavers Prom (6.30pm – 8:30pm)
(NEW DATE) Tuesday, 21st July : Y6 Leavers Celebration Event (6:00pm)
Wednesday, 22nd July : End of Term: (3.15pm)



Inset Days: 2026-27

Tuesday 1st September 2026

Wednesday 2nd September 2026

Friday 23rd October 2026

Monday 22nd February 2027

Friday 18th June 2027

